



MELISSA'S CHILDCARE

HEALTH AND SAFETY POLICY

Policy Statement

My priority is to ensure all children in my care remain healthy, safe, and well-protected while on my premises, in the garden, and during outings. I follow the Statutory Framework for the Early Years Foundation Stage (EYFS), particularly requirement 3.54, which states that:

"Providers must ensure that their premises, including overall floor space and outdoor spaces, are fit for purpose and suitable for the age of children cared for and the activities provided. Providers must comply with requirements of health and safety legislation (including fire safety and hygiene requirements)."

Maintaining a Safe and Healthy Environment

- I conduct regular **risk assessments** of all areas including indoor and outdoor spaces, equipment, toys, and furniture to ensure they are safe and suitable for use.
- The **house and garden** are cleaned regularly. I check throughout the day for hazards such as debris, spills, or broken equipment.
- All unused plug sockets are fitted with **safety covers**.
- **Appropriate safety equipment** such as stair gates and cupboard locks are used and regularly checked.
- Children do not have access to bins or waste areas. **Nappy waste** is double-wrapped and disposed of outside the home daily.
- I follow **strict hygiene procedures** to reduce the risk of cross-contamination, including proper handwashing and cleaning routines.

Fire Safety

- A clear and practiced **fire evacuation procedure** is in place.
- Fire detection equipment (e.g. smoke alarms) is regularly tested and maintained.

Health Promotion and Education

- I support children in learning about **personal safety**, including road safety and stranger awareness, in partnership with parents.
- I promote **healthy lifestyles**, encouraging good nutrition and regular physical activity.
- Children are taught to begin **assessing risk** themselves, supported through age-appropriate discussions and guided experiences.

First Aid and Accident Reporting

- I hold a current **paediatric first aid certificate**.
- Children are kept within **sight and/or hearing** at all times.
- A fully stocked **first aid kit** is available in the home and a travel version is taken on outings.
- **Accident and First Aid Records** are completed for any incidents, and parents are asked to review and sign the report on the same day whenever possible.



- If a child arrives with an injury, an **Existing Injury Form** is completed and signed by the parent/carer.
- I am aware of the requirement to **notify Ofsted** within 14 days of any serious accident, illness, or injury to, or the death of, a child in my care.

Animals and Pets

- Any **contact with animals** is risk assessed and appropriate hygiene measures are followed.
- Information about pet care and interaction is shared with parents.

Child Protection

- I have clear and robust **safeguarding procedures** in place to protect all children in my care. Please refer to my **Child Protection Policy** for full details.

Commitment Statement

I am fully committed to providing a safe and healthy environment for all children. While minor accidents may occur, I take every precaution to minimise risks and respond effectively when needed.

